




EBCC Gym Schedule

August



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30am	Open Gym 5:30-7:00	Open Gym	Open Gym	Open Gym	Open Gym 5:30-8:30			
6:00am		Drop-in MRT 6:15-7:00	5:30-7:00	Drop-in MRT 6:15-7:00				
6:30am								
7:00am	Bootcamp 7:00-8:00	Open Gym 7:00-8:30	Bootcamp 7:00-8:00	Open Gym 7:00-8:30		Open Gym		
7:30am						Drop-in Carve 8:00-9:00		
8:00am						Drop-in Carve 9:00-10:00		Open Gym
8:30am	Camps 8:30-5:30	Camps 8:30-12:00	Camps 8:30-12:00	Camps 8:30-10:00	Camps 8:30-12:00		Open Gym	
9:00am								
9:30am								
10:00am								
10:30am								
11:00am								
11:30am								
12:00pm					Open Gym 10:00-9:30			
12:30pm								
1:00pm								
1:30pm			Camps 1:30-5:30	Camps 1:30-5:30		Open Gym 10:00-6:00	Open Gym 10:00-8:00	
2:00pm								
2:30pm			Open Gym 12:00-9:30					
3:00pm								
3:30pm				Open Gym 12:00-9:30	Camps 3:30-5:30			
4:00pm						Open Gym 12:00-9:30		
4:30pm								
5:00pm								
5:30pm								
6:00pm		Quad Rugby 6-8:30						
6:30pm								
7:00pm								
7:30pm								
8:00pm								
8:30pm								
9:00pm								
9:30pm								

GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-4400 or go to [Http://www.boulderparks-rec.org](http://www.boulderparks-rec.org)